



### General online safety information for parents and carers





### **UKSIC Advice Centre**

Advice and articles for parents and carers (and other audiences) on a range of issues, as well as weekly blogs on emerging topics: saferinternet.org.uk/advice-centre



### Childnet's Parent and Carer Toolkit

Advice for parents and carers on how to talk with their child about staying happy, positive and safe when online: <a href="mailto:childnet.com/parents-toolkit">childnet.com/parents-toolkit</a>



### Childnet's Key Topics

Advice for parents and carers for supporting children of different ages with a range of key online safety topics: <a href="mailto:childnet.com/parents-and-carers">childnet.com/parents-and-carers</a>



### Information and Advice for Foster Carers/Adoptive Parents

Free, printable leaflets with top tips and conversation starters to help foster carers and adoptive parents support their child to use the internet safely: <a href="mailto:saferinternet.org.uk/fostering-adoption">saferinternet.org.uk/fostering-adoption</a>.



### TALK Campaign by IWF

Young people are increasingly being contacted in their own homes on online platforms and apps and asked for sexual pictures and videos, while their parents and carers believe they are safe. Make sure your home doesn't have an open door to child sexual abusers: <a href="mailto:talk.iwf.org.uk">talk.iwf.org.uk</a>



### **BBC Own It**

Articles, videos and advice written to help young people be the boss of their online lives. Some content available for parents and carers, and lots to share with your child: bbc.com/ownit



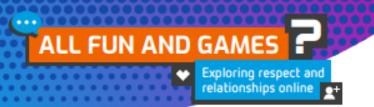
### ThinkUKnow

Delivered by NCA-CEOP, this site contains information for children and parents, as well as a link for children to report sexual abuse or grooming online: thinkuknow.co.uk.

Organisations and resources for parents and carers

#SaferInternetDay www.saferinternetday.org.uk







# Where to report and get help





### UK Safer Internet Centre - Need help?

Advice on what to do if a child comes to you for help and how to report online concerns such as cyberbullying, inappropriate content or illegal behaviour: saferinternet.org.uk/need-help



### Report Harmful Content

Provided by SWGfL on behalf of the UKSIC. Gives advice on how to report online problems, offers help in removing harmful content from platforms and supports with reports that need to be escalated: <a href="reportharmfulcontent.com">reportharmfulcontent.com</a>



### Internet Watch Foundation (IWF)

The UK's hotline for anonymously reporting images and videos of child sexual abuse online. Images or videos confirmed as breaking UK law will be reported to global partners for removal from the internet: <a href="iwf.org.uk">iwf.org.uk</a>



### Report Remove Tool from Childline and IWF

It can be scary finding out a nude image or video of you has been shared online. But there is help available. Report Remove may be able to help under 18s get it removed. Search 'Report Remove Childline' for more info.



### Child Exploitation and Online Protection (CEOP)

A police agency tackling child sexual abuse and grooming online. Adults and young people can make reports of grooming or child sexual abuse online at: <a href="mailto:ceop.police.uk">ceop.police.uk</a>



### NSPCC helpline

The NSPCC provides a helpline for all adults to answer questions or address concerns about protecting children offline and online. Call on: 0808 800 5000 or visit: nspcc.org.uk/report

The NSPCC also provides the Childline helpline. Children can talk to someone for advice and support at any time by contacting 0800 1111 or chatting to a counsellor online at <a href="mailto:childline.org.uk">childline.org.uk</a>

# YOUNGMINDS

### Young Minds

A UK charity committed to improving the wellbeing and mental health of children and young people. They offer a free confidential helpline for parents on 0808 802 5544. Information and advice for young people and adults can be found at: <a href="mailto:youngminds.org.uk">youngminds.org.uk</a>





## Safety tools and advice on specific games, apps and services





### **AskAboutGames**

Advice and online guides about gaming and PEGI age ratings: askaboutgames.com



### Common Sense Media

Expert reviews, advice and age appropriate recommendations on games, apps, films and more: commonsensemedia.org



### Family Gaming Database

Information presented for parents and carers to find games suitable for children, teenagers and young adults: taminggaming.com



### Internet Matters

Support and advice across a range of online safety issues. Useful guides to setting parental controls: internetmatters.org



If you have any concerns regarding online safety, please do not hesitate to get in touch with a member of staff.

Report concerns to Ms Clipson or Ms Hassan, who will be happy to discuss these with you.

Report online abuse on the CEOP link on our website, or visit kidsonlineworld.com for further advice.





# **PEGI Age Ratings**

PEGI provides advice regarding the age suitability of a game. By law, games rated PEGI 12, 16 and 18 must not be supplied to people below those ages.



### PEGI 3

Suitable for all ages. May contain very mild cartoon or violence.



### PEGI 7

The same as above but may contain scenes upsetting to younger children, for example scary looking characters. Implied violence to humans may also be permitted.



### PEGI 12

May contain unrealistic violence towards human characters and more realistic violence towards fantasy characters. May also contain mild swearing and sexual innuendo.



### Parental Guidance

This rating only appears on apps. It serves as a warning that these apps can offer a broad variety of user generated or diverse content. Examples include Instagram and Netflix.



### PEGI 16

May contain strong realistic violence towards human characters, strong bad language, sexual nudity, use of illegal drugs, and prominent use of alcohol and tobacco.



### PEGI 18

May contain strong graphic violence including dismemberment, scenes of torture or sexual violence, glamorisation of drug, alcohol and tobacco use, and graphic sexual nudity. Suitable for ADULTS only.

